

"Individual commitment to a group effort - that is what makes a team work, a company work, a society work, a civilization work" Vince Lombardi

HCR58 Impressions by Ermira Pirdeni

The Invitation of March

My journey to HCR58 began on March 8—International Women’s Day—with the UN’s theme: *“For ALL Women and Girls: Rights. Equality. Empowerment.”*

Silence is a void; older women must not be forgotten.

I paused, observed, and reflected. This gathering felt like a turning point, shifting the conversation on aging from a budding idea to full bloom. I sensed something profound beyond the rush of the world—an awakening, a stretching toward what we are all meant to become. Aging is not a passive process; it is a time to flourish, to embrace the fullness of who we are.

The Theme of Becoming

I recognized the theme of becoming in the work of INPEA, GAROP, HelpAge, and others. This journey is not about rushing or forcing change but trusting life’s rhythm—the fire within us that insists on creating a **Society for All Ages**.

Our discussions at HCR58 were enriched by the diverse contributions of participants, forming a tapestry of identities, experiences, and expertise across the Global North, South, and Europe.

Academic insights merged with grassroots community practices, fostering a deeper understanding of governance, rights, and the urgent need for action.

In a world facing an aging crisis, traditional governance models often fall short. But when we come together—when we collaborate with skilled, passionate individuals—our collective strength doubles, and real progress becomes possible.

A Call to Action

The goal of HCR58 was clear: to amplify voices that are too often unheard in discussions on rights and demographic change.

As older women, we live for **freedom, truth, and love**—to claim our rightful place in the world.

Now is the time to act. To stand together. To build a future that honors **all ages**.

Activity photo

